

# Back Extension

## G7-S52



- Multi-position foot placement accommodates a variety of users
- Thumb-switch controls allow easy adjustments
- Contoured back pad enhances user comfort and provides additional support
- The optional Intelligent Training Console features Endurance, Build and Strength programs to give members a guided training experience specific to their goals

### ADJUSTMENTS

User adjustment range	5 Back pad start positions
Color coded pivots & points of adjustment	Yes

### FRAME & CABLES

Available frame colors	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
Frame finish	Proprietary two-coat powder process
Machine anchoring	Independent machine hold down brackets
Cable transmission	Internally lubricated cables & fittings
Integrated leveling system	Yes, top-down leveler

### TECH SPECS

Overall "static" dimensions (L x W x H)	127.5 x 120 x 135 cm / 50.1" x 47.3" x 53"
Overall "in-use" dimensions (L x W x H)	145 x 120 x 135 cm / 57.2" x 47.3" x 53"
Product weight	319 kg / 704 lbs
Shipping weight	367 kg / 809 lbs
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Rep counter battery life	Approximately 3 years
Rep counter power supply	2 AA batteries

### USER AMENITIES

Front placards	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
Rear placards	Color-coded machine identification, exercise specific stretching
Placard color coding	Green (core)
Rep counter	Electronic counter displays reps, exercise time and rest time
Personal storage	Two tactile storage mats, personal device cradle and towel hook
Contoured seat	Yes

### WEIGHT STACK

Total stack weight	108 kg / 240 lbs
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Weight plate increments	4.5 kg / 10 lbs
Incremental weight system	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
Max Training Weight	111.4 kg / 247.5 lbs
Consistent 53" stack height	Yes
Weight stack guarding	Full front and rear shields