

# Glute

## G7-S78



- Upright user position increases comfort and machine approachability
- Rotating foot pad provides stable and smooth contact throughout the full range of motion
- Adjustable chest pad accommodates a variety of users
- Oversized foot platform bolsters stability
- The optional Intelligent Training Console features Endurance, Build and Strength programs to give members a guided training experience specific to their goals

### ADJUSTMENTS

User adjustment range	6 position chest pad
Color coded pivots & points of adjustment	Yes

### FRAME & CABLES

Available frame colors	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Independent machine hold down brackets
Integrated leveling system	Yes, top-down leveler

### TECH SPECS

Overall "static" dimensions (L x W x H)	132 x 90 x 156 cm / 52" x 35.3" x 61.5"
Overall "in-use" dimensions (L x W x H)	200.5 x 90 x 156 cm / 79" x 35.3" x 61.5"
Product weight	239 kg / 527 lbs
Shipping weight	284 kg / 626 lbs
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Rep counter battery life	Approximately 3 years
Rep counter power supply	2 AA batteries

### USER AMENITIES

Front placards	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
Rear placards	Color-coded machine identification, exercise specific stretching
Placard color coding	Blue (lower body)
Rep counter	Electronic counter displays reps, exercise time and rest time
Personal storage	Two tactile storage mats, personal device cradle and towel hook
Contoured seat	Yes
Self-aligning foot pad	Yes

## WEIGHT STACK

Total stack weight	63 kg / 140 lbs
Weight plate increments	4.5 kg / 10 lbs
Incremental weight system	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
Max Training Weight	66.4 kg / 147.5 lbs
Consistent 53" stack height	Yes
Weight stack guarding	Full front and rear shields