

Bicep / Tricep

VS-S401



- Clearly indicated adjustments for ease of use
- Stainless-steel cable guides provide added protection for lasting durability
- Foot platform provides stability

FRAME & CABLES

Frame color	Iced Silver
Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Machine anchoring locations

TECH SPECS

Product Weight (Standard Stack)	214 kg / 472 lbs.
Product Weight (Heavy Stack)	237 kg / 522 lbs.
Overall Dimensions (L x W x H)	166.6 x 115.2 x 226.2 cm / 65.6" x 45.3" x 89.1"

USER AMENITIES

Rear placards	Color-coded machine identification & machine specific stretching
Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Placard color coding	Yellow (upper body)
Personal storage	Bottle holder, storage area and towel holder (towel holder on rep counter only)
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

WARRANTY

Frame and welds (not coatings)	10 years
Weight Stacks	5 years
Pulleys & Pivot Bearings	5 years
Other Items Not Specified	3 years
Labor	3 years
Upholstery/cables/grips/springs	1 year
Accessories	6 months
Air Filled Shock	90 days

WEIGHT STACK

Consistent stack height	Yes
-------------------------	-----

Weight stack guarding	Full front and rear shields
Incremental weight system	5 lbs (2.3 kg)
Standard Stack	68 kg / 150 lbs.
Heavy Stack	90.7 kg / 200 lbs.