

Triceps Press

VS-S42



- ▶ Rotating handles adapt to users of all sizes
- ▶ Angled back pad reduces stress improving stabilization and comfort
- Incremental weight

ADJUSTMENTS

Color coded pivots & points of adjustment	Yes
User adjustment range	Adjustable Seat & 2 Hand Positions

FRAME & CABLES

Frame color	Iced Silver
Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Machine anchoring locations

TECH SPECS

Product Weight (Standard Stack)	256 kg / 564 lbs.
Product Weight (Heavy Stack)	288 kg / 634 lbs.
Overall dimensions	157.7 x 107.5 x 167.1 cm / 62.1" x 42.3" x 65.8"
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Rep counter battery life	Approximately 3 years
Rep counter power supply	2 AA batteries

USER AMENITIES

Personal storage	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

Placard color coding	Yellow (upper body)
Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Contoured seat	Yes
Rear placards	Color-coded machine identification & machine specific stretching

WEIGHT STACK

Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
Total stack weight	Heavy: 230 lbs (104 kg); Standard: 160 lbs (72 kg)
Incremental weight system	5 lbs (2.3 kg)
Weight plate increments	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg); Standard: 10 lbs (4.5 kg)