

Back Extension

VS-S52



- Multi-position foot placement accommodates a variety of users
- Contoured back pad for enhanced user comfort
- Incremental weight

ADJUSTMENTS

Color coded pivots & points of adjustment	Yes
Adjustable Start Position	Adjustable Start Position

FRAME & CABLES

Frame finish	Proprietary two-coat powder process
Frame color	Iced Silver
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Machine anchoring locations

TECH SPECS

Rep counter power supply	2 AA batteries
Rep counter battery life	Approximately 3 years
Overall dimensions	133.5 x 126.4 x 167.1 cm / 52.6" x 49.8" x 65.8"
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use

USER AMENITIES

Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Placard color coding	Green (core)
Rear placards	Color-coded machine identification & machine specific stretching
Personal storage	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

WEIGHT STACK

Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
Total stack weight	Heavy: 230 lbs (104 kg); Standard: 160 lbs (72 kg)
Incremental weight system	5 lbs (2.3 kg)
Weight plate increments	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg); Standard: 10 lbs (4.5 kg)