

# Leg Press / Calf Press

## VS-S70



- One-handed start adjustment for ease of use
- Air shock assisted foot platform provides smoother adjustments
- Assistance handle and low step over height for easy access
- Footplate identifies user foot position with unique visual indicators
- Incremental weight

### ADJUSTMENTS

Color coded pivots & points of adjustment	Yes
Range of Motion Adjustment	Gas Assisted Foot Platform Adjustment

### FRAME & CABLES

Frame finish	Proprietary two-coat powder process
Frame color	Iced Silver
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Machine anchoring locations

### TECH SPECS

Overall dimensions	232.4 x 102.4 x 167.1 cm / 91.5" x 40.3" x 65.8"
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Rep counter battery life	Approximately 3 years
Rep counter power supply	2 AA batteries

### USER AMENITIES

Personal storage	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Placard color coding	Blue (lower body)
Rear placards	Color-coded machine identification & machine specific stretching

### WEIGHT STACK

Weight stack guarding	Full front and rear shields
Weight plate increments	25 lbs (11 kg)
Incremental weight system	5 lbs (2.3 kg)
Consistent stack height	Yes
Total stack weight	415 lbs (188 kg)

