

Leg Extension / Leg Curl

VS-S711



- Angled pads and ideal pivot location promote full muscle contraction and alignment
- Back pad ratchets forward for easy adjustment from the seated position
- Dual-action CAM enables a smooth transition between exercises
- Adjustments are easily performed in the seated position
- Clearly indicated adjustments for ease of use

ADJUSTMENTS

Color coded pivots & points of adjustment	Yes
User adjustment range	12 user start options

FRAME & CABLES

Machine anchoring	Machine anchoring locations
Cable transmission	Internally lubricated cables & fittings
Frame color	Iced Silver
Frame finish	Proprietary two-coat powder process

TECH SPECS

Overall Dimensions (L x W x H)	177.6 x 118.3 x 167.1 cm / 69.9" x 46.6" x 65.8"
Product Weight (Standard Stack)	251 kg / 554 lbs.
Product Weight (Heavy Stack)	283 kg / 624 lbs.

USER AMENITIES

Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Rear placards	Color-coded machine identification & machine specific stretching
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
Placard color coding	Blue (lower body)
Contoured seat	Yes
Personal storage	Bottle holder, storage area and towel holder (towel holder on rep counter only)

WARRANTY

Frame and welds (not coatings)	10 years
Weight Stacks	5 years
Pulleys & Pivot Bearings	5 years
Other Items Not Specified	3 years

Labor	3 years
Upholstery/cables/grips/springs	1 year
Accessories	6 months
Air Filled Shock	90 days

WEIGHT STACK

Incremental weight system	5 lbs (2.3 kg)
Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
Standard Stack	72.6 kg / 160 lbs.
Heavy Stack	104.3 kg / 230 lbs.