

# Glute VS-S78



- Adjustable chest pad accommodates users of all sizes
- Low step height stabilization platform for ease of use
- Upright user position, contoured elbow pads & large foot pad for added user comfort
- Incremental weight

## ADJUSTMENTS

Adjustable Chest Pad	Telescoping Chest Pad
Color coded pivots & points of adjustment	Yes

## FRAME & CABLES

Machine anchoring	Machine anchoring locations
Cable transmission	Internally lubricated cables & fittings
Frame color	Iced Silver
Frame finish	Proprietary two-coat powder process

## TECH SPECS

Rep counter power supply	2 AA batteries
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Overall dimensions	177.8 x 99.9 x 167.1 cm / 70.0" x 39.3" x 65.8"
Rep counter battery life	Approximately 3 years

## USER AMENITIES

Placard color coding	Blue (lower body)
Rear placards	Color-coded machine identification & machine specific stretching
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
Personal storage	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements

## WEIGHT STACK

Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
Total stack weight	150 lbs (68 kg)
Weight plate increments	10 lbs (4.5 kg)
Incremental weight system	5 lbs (2.3 kg)